

NEWBEAUTY®

THE BEAUTY AUTHORITY

WINTER 2019

CELEB SECRETS

HOLLYWOOD'S
HUSH-HUSH
SURGERIES

LAUREN HUTTON

All Fun
No Filter

THE \$500,000 FACE

SUPER RICH
CREAMS
OF THE
SUPER
WEALTHY

+
What We
LOVE Right
Now!

THE NEW SEXY

CBD BATHS + BODY-BOOSTING TREATMENTS
ONE PILL MAKES YOU HOTTER? THE NEW HORMONE FIX
GLOWY, HAPPY HOLIDAY SKIN—ALL YEAR LONG

HOT TOPIC

Allergan withdrew unsold, textured-surface implants and tissue expanders." If you have textured implants, you don't need to get them removed, says past president of The Aesthetic Society and the Aesthetic Surgery Education and Research Foundation, La Jolla, CA plastic surgeon Robert Singer, MD. "Only this specific type of macro-textured implant is being recalled if it is in stock in doctors' offices."

WHY TEXTURE MATTERS

Textured implants became a popular option for patients who wanted to avoid some of the aesthetic irregularities connected to smooth implants, like capsular contraction, or hardening of the breasts from tightening of the capsule. While the addition of texture reduced the risk of capsular contraction, it also created areas for inflammatory bacteria to grow. "We've discovered that implants with more texture, or macro-textures, allow for exponentially higher numbers of bacteria on the implant surface," says co-chair of The Aesthetic Society's FDA task force, Dallas plastic surgeon William P. Adams Jr. "It's the bacteria living in all the little nooks and crannies, and not the implant, that causes the chronic inflammation." Of those 573 cases of BIA-ALCL, a large majority of patients had BioCell implants, leading researchers to believe that the unique BioCell texture led to proportionally more cases compared to textured implants from other brands.

NEXT STEPS

Louisville, KY plastic surgeon M. Bradley Calobrace, MD, who chairs The Aesthetic Society's BIA-ALCL task force, says those contemplating removal should consider all of the factors: "This is not a recall on implants already placed. Revision surgery is a big surgery, and ALCL is too rare to have patients take out their implants and capsules." However, if you do have BioCell implants and want to consider having them removed, speak with your plastic surgeon and go to biocellinformation.com. Through July of 2021, Allergan is providing a complimentary revision set of smooth implants to patients who choose to remove their BioCell versions.

WHY I'M KEEPING MY IMPLANTS

BY DR. MELINDA HAWS

"In 1998, I had just finished my fellowship and was about to start my practice as a fully trained plastic surgeon when I underwent a breast augmentation with smooth gel implants. Fast-forward nine years later and three separate incidents of capsular contracture, and I opted to exchange my implants for BioCell textured implants in 2006. Just like that, I had no more capsular contracture."

I first heard of the link to textured implants after my BioCell implants had been in place for a couple of years. As both a surgeon and a patient, I have been following this issue closely. This at first exceedingly rare occurrence has become less rare. The incidence of BIA-ALCL in patients with BioCell implants is now 1 in 3,200. With the recent Allergan recall, my conversations with patients have evolved. While pa-

tients may have more concerns and anxiety, they are also much more aware, which has opened the door for us surgeons to offer more education about implants.

I recently had my implants scanned by high-resolution ultrasound, which showed them to be intact and without any fluid around them. There has been no change in their look or feel, so I'm not going to change them out until I'm ready to upgrade the implants or change their size. There are risks to surgery as well, and I also worry about my recurrent capsular contracture risk, so I have chosen close observation of my implants. Each woman gets to make her own decision with all of the facts specific to her, just like I do, and I hope I, and other board-certified plastic surgeons, can help be part of that discussion."

5% of all implants sold
in the U.S. have a
textured shell.

THE FOOD AND DRUG ADMINISTRATION, MARCH 2019

CAREFUL CONSIDERATION

1

"I perform a lot of breast augmentation and reconstruction surgeries, so I've had many patients ask about the recall."

I answer all of their questions about the risks associated with textured devices. If they don't ask me, it's still something I discuss. I consider it to be part of the informed-consent process."

—B. AVIVA PREMINGER,
MD, NEW YORK
PLASTIC SURGEON

2

"Although this is a rare condition, we must ensure patients get early diagnosis and treatment. This requires patient education and follow-up with a plastic surgeon. A qualified surgeon will be aware of evaluation and treatment protocol based on current best evidence."

—ROBERT WHITFIELD, MD
AUSTIN, TX
PLASTIC SURGEON

3

"I have had dozens of calls from concerned patients. The vast majority are reassured that there is very little risk and they don't have to replace their implants. A very small percentage are adamant that they want their textured implants exchanged for peace of mind."

—JOEL STUDIN, MD
GREAT NECK, NY
PLASTIC SURGEON