My Preferences and Information that I Fully Understand and Accept:

1. I (please print and sign)	o have o have not read the following materials
by Dr. Adams about breast augmentation by in their entirety:	
Dr. Adams Website Information on Breast Augmentation	
 Patient Preferences Document 	
Before visiting with Dr. Adams, the following are my preferences and comight have negative short-term or long-term effects on my tissues or my complications, he will discuss these issues with me during our consultation. 2. Please Initial:	y chances for the best result with the least risk of
A) I understand that Dr. Adams can achieve virtually any size be characteristics of my tissues that we can't change. I also understand that can affect the appearance of my breasts as I get older and can affect my in the future.	t the choices I make, particularly with respect to implant size,
3. Please initial one of the following with regard to the BREAST S	SIZE YOU DESIRE:
A) I want a MINIMAL amount of enlargement.	
B) I want to be AS FULL AS I CAN BE AND ACHIEVE A MY TISSUES LONG-TERM. I leave the choice of implant size under size of breast that he feels is safest for my tissues long-term.	
C) I want a SPECIFIC SIZE BREAST—at least a cup blanks)	size AND at least acc implant. (Please fill in ALL
4. Please initial one of the following with respect to CHOICE OI	F BREAST SIZE AND RISK OF FUTURE PROBLEMS:
A) I WANT A BREAST SIZE THAT WILL HAVE THE LE COMPLICATONS, OR NEED FOR ADDITIONAL PROCEDURE will choose an implant that will produce the fullest breast possible that it leave the choice of implant size entirely to Dr. Adams based on his eval accept that Dr. Adams cannot guarantee a cup size of my result, and I was accept that Dr. Adams cannot guarantee as the complex cannot guarantee.	S SUCH AS A BREAST LIFT. I understand that Dr. Adams s safest long-term, unless I specify a smaller or larger breast. I uation of my tissues and body proportions. I understand and
B) I WANT A SPECIFIC BREAST SIZE, EVEN IF IT MIGH want a larger implant than Dr. Adams feels is optimal for my tissues, I u willing to accept all responsibility for appearance and increased risks of and time off work and normal activities in the future that may result fro tissues.	inderstand that I may not have a natural appearing breast. I am reoperations, complications, deformities, and additional costs
5. Please initial one of the following with respect to HOW YOU V	WOULD LIKE YOUR BREASTS TO LOOK:
Three to six months after my augmentation (after my tissues relax), I wa	ant the upper portion of my breast to appear:
A) Inwardly curved, NOT FILLED IN THE UPPER PORTIO	ON OF THE BREAST.
B) FULL IN THE UPPER BREAST, with a straight or slightly	outwardly curved profile in side view.
C) EXTREMELY FULL, WITH A VERY BULGING UPPER a breast that does not appear natural and may have excessive bulging with the breast. I also understand that an excessively large implant can cause additional operations or have permanent deformities, but I want the lars	th an unnatural appearing transition from the upper chest to e damage to my tissues long-term that could cause me to need

6. Choices and Preferences for Breast Augmentation (cont'd)
A) IMPLANT SHAPE I prefer: Shaped or Anatomic Round
B) IMPLANT SHELL TYPE I prefer: Textured Smooth
C) IMPLANT MANUFACTURER I prefer: Allergan MentorOther:
D) IMPLANT TYPE I prefer: Saline Silicone Cohesive Gel/ Form Stable/ Gummy Bear
D) I want Dr. Adams to choose and will abide by his choice
7. IMPLANT SIZE I prefer:
A) I want an implant that contains at leastcc (if you have an opinion). If I do not specify a number of cc's that I want in my implant, I am leaving the decision entirely up to Dr. Adams, and I will accept his judgment regardless of my breast size following surgery.
B) I have absolutely no specific preference for the number of cc's in my breast implant, and I want Dr. Adams to choose based on his evaluation of my tissues and proportions. If I ask Dr. Adams to choose the appropriate size implant that is best for me, I will abide by his choice, understanding that he will fill my breast as much as he feels it can be filled safely, without producing additional risks or tradeoffs.
8. I have been informed, and I understand that NO IMPLANT, REGARDLESS OF SIZE OR SHAPE, can guarantee upper breast fullness long-term, and the larger the implant I select, the more likely stretch of the lower breast envelope will allow loss of upper fullness.
9. Request for Implant or Size Change after Surgery:
A) If, after surgery, for any reason I desire a different size implant, I understand and accept that I must specify the exact type and size of implant in cc's, and that I am totally responsible for all costs associated with changing my implants, including surgeon fees, anesthesia fees, laboratory costs, and surgical facility fees
10. IMPLANT POCKET LOCATION I prefer:
A) I prefer my implant be placed UNDER the muscle. I have read and fully understand and accept the tradeoffs of placing an implant under muscle.
B) I prefer my implant be placed ABOVE the muscle. I have read and fully understand and accept the tradeoffs of placing an implant above muscle, and I understand and accept that I may see visible implant edges or other irregularities if the implant is placed above the muscle.
C) I do not have a preference for over or under muscle, and I want Dr. Adams to choose according to my tissue requirements. I have read and fully understand the tradeoffs of placing an implant either over or under muscle.
11. <u>INCISION LOCATION I prefer:</u>
A) Under the breast B) Around the areola C) In the armpit
D) I would like Dr. Adams to choose my incision location based on his assessment of my needs and optimal control during the operation, and I will abide by his decision.

Factors Following My Augmentation that Dr. Adams Cannot Control

12. I (please print and sign) have read Dr. Adams'	
educational materials accessed on www.dr-adams.com and have had an opportunity to visit with Dr. Adams' patient educator, Christy Aguilar The following is essential information that I must understand and accept before having Dr. Adams perform my breast augmentation. I have discussed each of these items with my patient educator and fully understand and accept the tradeoffs, risks, costs, and outcomes associated with each tem.	1
13 From my reading of Dr. Adams' educational material, and after my patient educator consultation, understand and accept that there are several factors related to my individual tissue characteristics, how I heal, and how my tissues respond to my breast implants that Dr. Adams cannot predict by tests before surgery, and cannot control after surgery.	
NFECTION	
I fully understand and accept that if I develop an infection following my augmentation, Dr. Adar will remove one or both my breast implant. If an implant(s) is/are removed secondary to infection Dr. Adar will discuss the pros and cons of replacement with me. Never replacing implants may also be an option to minimize further reoperations, risks, and costs to me. If I decide to replace the implant, a period of time will be required following removal to allow my breast tissue to heal and soften. This usually is 3-6 months. I further understand and accept that, if implant removal is ever required for any reason, that deformities may result that may not be totally correctable.	ns oe
15 I understand and accept that Dr. Adams must work with what I bring him to work with, and that cannot change the qualities of the tissues of my breasts that affect stretch following surgery or how I will heal also understand and accept that Dr. Adams cannot perform tests before surgery, or in any other way predict 1 now my skin will stretch following my augmentation, and 2) how my body will heal or not heal following my augmentation.	. I
TISSUE STRETCH My tissue characteristics and stretch of tissues following my augmentation: How they can affect my results, need for additional surgery, and costs	
 If my tissues stretch excessively in any area following my augmentation, deformities can result white Dr. Adams has no control. These deformities include the following: 1) excessive sagging or "bottoming out" of the breast with the implant too low and the nipple pointing 	ich
excessively upwards, 2) shift of the implants to the sides with widening of the gap between the breasts, 3) thinning of tissues over the implant allowing the implant to become visible or palpable (able to be felt) in any area, and)
4) visible rippling in any area that can result when the implant pulls on the overlying tissues.	
If understand and accept that any or all of these deformities can occur in one or both breasts, and not occur equally on the two sides. I also understand and accept that the larger breast implant I choose or my breasts require for optimal aesthetic results, the greater the risk of these deformities occurring. Although breasts never match exactly on the two sides, if any of these deformities occur, differences in the two breasts may be more noticeable and may not be correctable.	

18 I understand and accept that if any or all of the deformities caused by tissue stretch listed above should occur, even though the deformity may be visible, that Dr. Adams alone will determine whether additional surgery is needed. Dr. Adams will base this decision on whether he feels the potential benefits outweigh the potential risks of additional surgery and whether he feels I will get predictable improvement from additional surgery. I agree to abide by Dr. Adams' decisions in all matters pertaining to whether or not additional surgery is performed.
19 I understand and accept that if my tissues stretch excessively for any reason following my augmentation, that additional surgery will not change the qualities of my tissues that allowed them to stretch in the first place. As a result, additional surgery to correct stretch deformities is unpredictable at best due to the limitations my tissues impose, and that surgery for any of the stretch deformities listed above may not successfully correct the deformity, and that any or all of these deformities can occur again if my tissues stretch again.
WOUND HEALING/ CAPSULAR CONTRACTURE CONSIDERATION CHARACTERISTICS
My healing characteristics following my augmentation: How they can affect my results, need for additional surgery, and costs
20. I understand and accept that Dr. Adams has absolutely no control over how my body heals following my breast augmentation, and that he cannot predict (by tests prior to surgery) or control my individual healing characteristics.
21 I understand and accept that my body will form a lining (capsule) around my breast implant following my augmentation, and that the capsule around the implant may contract (tighten) excessively, causing a variety of deformities that may require additional surgery and despite additional surgery, may be uncorrectable and require implant removal. The capsules that form and the amount that they tighten are never equal on both sides, so the effects of the capsule on each breast are usually different.
22 I understand and accept that there are no tests or medical information that can accurately predict whether my capsules will tighten excessively and that following my augmentation, Dr. Adams has no control over how my body forms the capsule or how much the capsule will tighten or cause deformity.
23 I understand and accept that any or all of the following deformities can result from how the capsule forms and tightens, and that Dr. Adams cannot predict, prevent, or control the occurrence of any of these deformities:
 Closing of a portion of the lower implant pocket (can be mild or severe), causing slight or significant upward displacement of the implant, and raising the fold under the breast leaving the incision scar below the fold (if the incision was made under the breast) Closing of a portion of the outside of the implant pocket, causing flattening of areas of the outside
,

- contour of the breast and inward displacement of the implant.
- 3) Excessive firmness of the implant or breast
- 4) Visible edges or bulging deformities in any area of the breast
- 5) The quality of the scar that I will form wherever my incision is located.
- 6) The effects of my body healing and scarring in the area of the incision, adjacent areas to the incision or breast, or any area of the breast.
- 7) Discomfort or pain in areas of the breast
- 8) Change in sensation or loss of sensation in any area of the breast or adjacent areas.
- 9) Occurrence of lymph node enlargement or small bands near the incision caused by incision or obstruction of small lymph vessels (both of which usually subside without treatment in 3-6 weeks).

not occur equally	erstand and accept that any or all of these deformities can occur in one or both breasts, and do on the two sides. Although breasts never match exactly on the two sides, if any of these, differences in the two breasts may be more noticeable and may not be correctable.
the characteristic that Dr. Adams a whether he feels will get predictab	erstand and accept that if any or all of the deformities caused by my healing characteristics or of the capsule (lining) around my implants occur, even though the deformity may be visible, lone will determine whether additional surgery is needed. Dr. Adams will base this decision on the potential benefits outweigh the potential risks of additional surgery and whether he feels I be improvement from additional surgery. I agree to abide by Dr. Adams' decisions in all g to whether or not additional surgery is performed.
augmentation, the caused the deformation at lateral unpredictable at lateral the deformities li	erstand and accept that if any of the deformities listed above occur following my at additional surgery will not change the qualities of my tissues and healing characteristics that nity in the first place. As a result, additional surgery to correct these deformities a) is sest due to the limitations of my tissues and healing characteristics, b) that surgery for any of sted above may not successfully correct the deformity, and c) that any or all of these occur again after additional surgery because of my healing characteristics.

RESPONSIBILITY FOR COSTS ASSOCIATED WITH ADDITIONAL SURGERIES

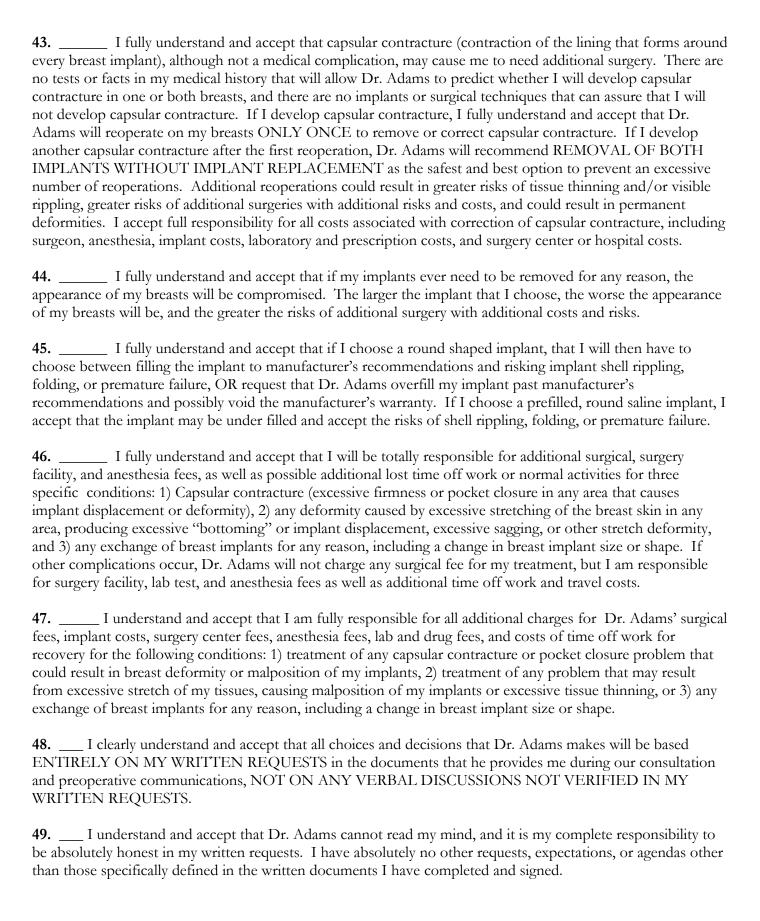
27. _____ Since Dr. Adams cannot predict or control my tissue characteristics or healing characteristics and how they will affect my chances of developing any of the deformities listed above related to tissue stretch and thinning or capsule or scar tissue formation following my augmentation, I understand and accept that should any of the deformities listed above (1-9) occur, if surgery is necessary to try to improve any of the following conditions, that I will be personally responsible for all costs associated with any surgery that is performed (please initial beside each number indicating your complete understanding and acceptance of all costs associated with surgery for each deformity):

- 1) excessive sagging or "bottoming out" of the breast with the implant too low and the nipple pointing excessively upwards,
- 2) shift of the implants to the sides with widening of the gap between the breasts,
- 3) thinning of tissues over the implant allowing the implant to become visible or palpable (able to be felt) in any area, and
- 4) Visible rippling in any area that can result when the implant pulls on the overlying tissues.
- 5) Closing of a portion of the lower implant pocket (can be mild or severe), causing slight or significant upward displacement of the implant, and raising the fold under the breast leaving the incision scar below the fold (if the incision was made under the breast)
- 6) Closing of a portion of the outside of the implant pocket, causing flattening of areas of the outside contour of the breast and inward displacement of the implant.
- 7) Excessive firmness of the implant or breast
- 8) Visible edges or bulging deformities in any area of the breast
- 9) The effects of my body healing and scarring in the area of the incision, adjacent areas to the incision or breast, or any area of the breast.
- 10) Discomfort or pain in areas of the breast
- 11) Change in sensation or loss of sensation in any area of the breast or adjacent areas.
- 12) Occurrence of lymph node enlargement or small bands near the incision caused by incision or obstruction of small lymph vessels (both of which usually subside without treatment in 3-6 weeks).

reimbursement for any type of addit will be personally responsible for proscheduled surgery. If I choose to padocuments authorizing full payment	that Dr. Adams does not accept insurance or any third party onal surgery that may be necessary following my augmentation, and that I paying all costs of any additional surgery at least two weeks prior to the y by credit card, I understand and accept that I agree to sign additional by my credit card company. Dr. Adams will provide me with copies of my I assume all responsibility for any filing of insurance and understand that sue payments from any third party.
exceed the costs of my original augn length (time) of the surgery required fees if I am over 50 or have any hear surgeon fees, anesthesia fees, surgica	that costs of any additional surgery following my augmentation will likely tentation surgery, and that costs are determined by the complexity and Fees for additional surgery will include laboratory fees, electrocardiogram t condition, possible mammogram or MRI imaging fees, Dr. Adams' l facility fees, and costs of prescriptions. I accept personal responsibility I understand and accept that I may have additional costs associated with
1	hat Dr. Adams alone sets his fees for all surgeries he performs, that these has by any party, and must be prepaid at least two weeks prior to surgery.
surgery. The \$500 preparation fee ware prior to the date of your surgery. If	e a non-refundable \$500.00 preparation fee is due at the time of scheduling ll be applied to the surgeon's fee. The remaining balance is due two weeks payment is not received on time, your surgery will be flagged for not be refundable. In order to keep your deposit you may call and or to the due date.
_ ·	in the 14 day window the full surgery fee is due at the time of scheduling. tly a partial refund may be given depending on the circumstances, this does 00 deposit.
necessary, and I later choose to disp	agmentation, any additional surgery for the reasons listed above becomes atte any of the items above for which I have indicated my full understanding ad all of Dr. Adams' costs, including any attorney's fees, court costs, or any the dispute.
educator, Christy Aguilar I have had an opp	informational materials and have had an opportunity to visit with Dr. Adams' patient portunity to ask questions and have had all of my questions answered to my satisfaction. I r. Adams questions during our consultation.
I feel fully informed, and have had an oppo Signed thisday of the month of	tunity to have all of my questions answered to my satisfaction
Patient: (Please print)	Patient: (Please sign)
Witness: (Please print)	Witness: (Please sign)
I have been given a copy of this do	cument for my personal records.

How Did We Do Informing You? (Document 4)

34. I (please print and sign)	have read Dr. Adams'
informational materials and have had an opportunity to visit with Dr. Ada I have had an opportunity to ask questions and have had all of my questions	ams' patient educator, Christy Aguilar
have an additional opportunity to ask Dr. Adams questions during our co	onsultation.
To assure that I thoroughly understand and accept the essential information asked to answer the following questions and initial my answers.	ion about risks and tradeoffs, I am
Please initial the following ONLY IF YOU FULLY UNDERSTAN INFORMATION WE HAVE GIVEN YOU:	ID AND ACCEPT THE
35. I fully understand and accept that perfection is not an option best we can hope for. No choice we can make is without tradeoffs and ri	±
36. I fully understand and accept that no woman has two breast produce two breasts that exactly match. I understand and accept that Dr. breasts as much visually possible given my tissues and their limitations, busingery.	. Adams will try his best to equalize my
37 I fully understand and accept that the larger we make my brolder, the greater the risks of tissue thinning and/or visible rippling, and to surgeries with additional risks and costs.	
38. I fully understand and accept that Dr. Adams cannot and we breast, because cup size is not a consistent or predictable clinical measure manufacturers, and I may choose to wear a bra that is larger or smaller to or for comfort or style reasons.	ement, cup size varies among bra
39 I fully understand and accept that if I have thin tissues in an the shell of my implant. If I can feel my ribs with my finger beneath my limplants. If my tissues are extremely thin, I may even see a portion of the Adams will make every effort to provide as much tissue coverage as my tirisks, but he is limited by the quality and thickness of my tissues.	breast, I may feel the edge of my e implant shell or an implant edge. Dr
40 I fully understand and accept that Dr. Adams cannot predict may stretch following augmentation. The larger the implant we choose, to even with an implant that seems appropriate for my tissues, it is possible unevenly in one breast or the other. If this occurs, breast shape or position nipple tilt or position may be different, and additional surgery may be required to the predicted or prevention of stretching deformities. Because this problem cannot be predicted or preventionally my responsibility, including surgeon, anesthesia, and surgical facility carry additional risks, and do not guarantee correction of stretch deformit	the more the tissues will stretch, but for my tissues to stretch excessively or on may be different on the two sides, quired to attempt to correct excess vented, costs of additional surgery are ty fees. Additional surgical procedures
41 I fully understand and accept that if I develop infection in each Adams will remove one or both implants, and may recommend not ever reinfection and/or capsular contracture, either of which could necessitate permanent deformities.	replacing either implant due to risks of
42. I fully understand and permit Dr. Adams to use betadine irrigrelated complications such as capsular contracture.	gation (off-label) to reduce implant



expectations in the written documents I changes prior to surgery, it is my respons	that I have completely and honestly specified my desires and have completed for Dr. Adams. I also understand if any information sibility to see that new, written documents are completed and signed by dams will NOT consider any verbal communications without written by me.
legal claim or cause of action against Dr.	Adams for any item in this form that I have specifically acknowledged re, I agree to pay all of Dr. Adams' attorneys fees associated with the appropriate box:
52. I have □ I have not □ read Adams' educational guide to breast augm	Dr. Adams website on breast augmentation (<u>www.dr-adams.com</u>) and Dr. nentation.
I feel fully informed, and have had an op	oportunity to have all of my questions answered to my satisfaction.
Signed thisday of the month of	, year in the presence of the witness listed below.
Patient: (Please print)	Patient: (Please sign)
Witness: (Please print)	Witness: (Please sign)

Aesthetic Society Applauds FDA's Effort to Collect Data Concerning a Rare Condition Associated with Breast Implants

New York, NY (January 26, 2014) – The American Society for Aesthetic Plastic Surgery (ASAPS) announces today its support of a new national registry for <u>breast implants</u> that will be compiled by the American Society of Plastic Surgeons (ASPS) in collaboration with the Food and Drug Administration (FDA). This registry will document reported cases of a very rare condition, Anaplastic Large Cell Lymphoma (ALCL), in the presence of <u>breast implants</u>.

As patient advocates, the members of ASAPS applaud the efforts of the Food and Drug Administration (FDA) to ensure that sound scientific practices are the foundation for information and research, including post market surveillance.

ALCL in the presence of <u>breast implants</u> has been noted in sporadic case reports over the past 25 years. To date, ALCL has only been identified in 34 cases out of an estimated 5 to 10 million women with implants worldwide. As opposed to systemic ALCL which can occur anywhere in the body, this condition appears in the scar tissue that forms around the implant. It is encouraging that when this condition occurs in the presence of <u>breast implants</u> the patients have responded to a variety of treatments, including simple removal of the implant and surrounding scar capsule.

ASAPS joins both the FDA and ASPS in its view that breast implants are safe. "Breast implants are the most studied device in medical history. As physicians, our primary commitment is providing safe and effective patient care. We share in the commitment of FDA and ASPS to the continued device evaluation and monitoring," said Felmont Eaves, III, MD, of Charlotte, NC, and ASAPS President.

ASAPS recommends that all women including those with breast implants should follow their normal routine in medical care and follow-up, specifically regular self examination and mammography when appropriate. Any woman should watch for changes in her breasts such as pain and swelling and contact her physician if she has any questions. Further information can be found on www.breastimplantsafety.org

About ASAPS

The American Society for Aesthetic Plastic Surgery (ASAPS) is recognized as the world's leading organization devoted entirely to aesthetic plastic surgery and cosmetic medicine of the face and body. ASAPS is comprised of over 2,600 Plastic Surgeons; active members are certified by the American Board of Plastic Surgery (USA) or by the Royal College of Physicians and Surgeons of Canada and are fully trained in the complete spectrum of surgical and non-surgical aesthetic procedures; international active members are certified by equivalent boards of their respective countries. All members worldwide adhere to a strict Code of Ethics and must meet stringent membership requirements. Website: www.surgery.org